



Accommodations List

for Workshops at the Body Therapy Institute

rev: Nov. 2017

CHATHAM COUNTY 4-13 miles from BTI (East or West)				
1	America's Best Inn * (7 mi.) <americasbestinnsilercity.com>	919-663-1818	US 64, Siler City (ask for a 10% "business" discount)	\$50-80
2	Days Inn & Suites ** (7 mi.) <www.daysinn.com> (formerly the Country Hearth Inn)	919-663-2511	US 64, Siler City (ask for a 10% "business" discount)	\$67-80
Our Local B&B's:				
3	The Inn at Celebrity Dairy *** (4 mi.) <www.celebritydairy.com>	919-742-5176	Between BTI and Siler City (20% BTI discount - min. 3 night stay)	\$90-150
4	Heartfriends Inn *** (8 mi.) <www.heartfriendsinn.com>	919-663-0407	Between BTI and Siler City (10% discount - min. 3 night stay)	\$85-135
5	458 West Bed & Breakfast *** (13 mi.) <www.458west.com>	919-491-4229	US 64 @ US 15-501, Pittsboro (10% BTI discount)	\$100-\$130
6	Rosemary House Bed & Breakfast *** (13 mi.) <www.rosemary-bb.com>	888-643-2017 919-542-5515	US 64 @ US 15-501, Pittsboro	\$100-175
7	Small Street B&B and Cafe *** (14 mi.) <www.smallbandbcafe.com>	888-643-2017 919-542-5515	US 64 @ US 15-501, Pittsboro	\$75-150
CHAPEL HILL AREA 18-22 miles Northeast of BTI				
8	Red Roof Inn *	800-843-7663 919-489-9421	I-40 @ US 15-501 between Chapel Hill & Durham	\$60-80
9	Days Inn **	800-225-3297 919-929-3090	3 miles east of downtown Chapel Hill	\$65-110
10	Quality Inn **	919-968-3000	3.5 miles east of downtown Chapel Hill	\$79-115
11	Chapel Hill University Inn ** <www.chapelhilluniversityinn.com>	888-452-5765 919-929-2171	3 miles east of downtown Chapel Hill	\$63
CAMPING 20 miles East of BTI				
16	Jordan Lake State Campgrounds (for tent or RV)	919-362-0586	US 64 at Jordan Lake	\$20/electric \$15/non
AIRPORTS				
	Raleigh-Durham International (RDU)		about 50 minutes East of BTI	
	Piedmont Triad International (GSO)		about 60 minutes Northwest of BTI	
NOTE: There is NO shuttle service or public transportation from either airport to BTI. Taxis are very expensive due to the distance, so car rental is essential.				

* These "star" rankings are a relative measure of quality of the facility, according to the experience of past guests. Lodging rates are subject to change. Check rates when making reservations, and remember to ask for available discounts.